

# BECCLES & BUNGAY HARRIERS ATHLETICS CLUB



- ▶ FUN AND ENERGETIC SESSIONS LED BY QUALIFIED UKA COACHES
- ▶ FAMILY FRIENDLY
- ▶ INCLUSIVE CLUB
- ▶ ALL ABILITIES WARMLY WELCOME
- ▶ JUNIOR & ADULT SESSIONS
- ▶ FIRST SESSION FREE THEN JUST £1.50
- ▶ ABSOLUTE BEGINNERS WELCOME



# WEEKLY TRAINING SESSIONS



## TUESDAY

JUNIOR & ADULT  
SESSIONS

6.45pm-7.45pm

: EARSHAM PLAYING  
FIELD



## THURSDAY

JUNIOR & ADULT  
SESSIONS

6.45pm-7.45pm

SIR JOHN LEMAN HIGH  
SCHOOL TRACK



WE TAKE PART IN MANY LOCAL, REGIONAL AND NATIONAL RUNNING, ATHLETICS EVENTS, YOU WILL ALSO FIND US AT THE LOCAL WEEKLY PARKRUN EVENTS – COME OVER AND SAY HELLO!

FOR MORE INFORMATION CONTACT:

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